



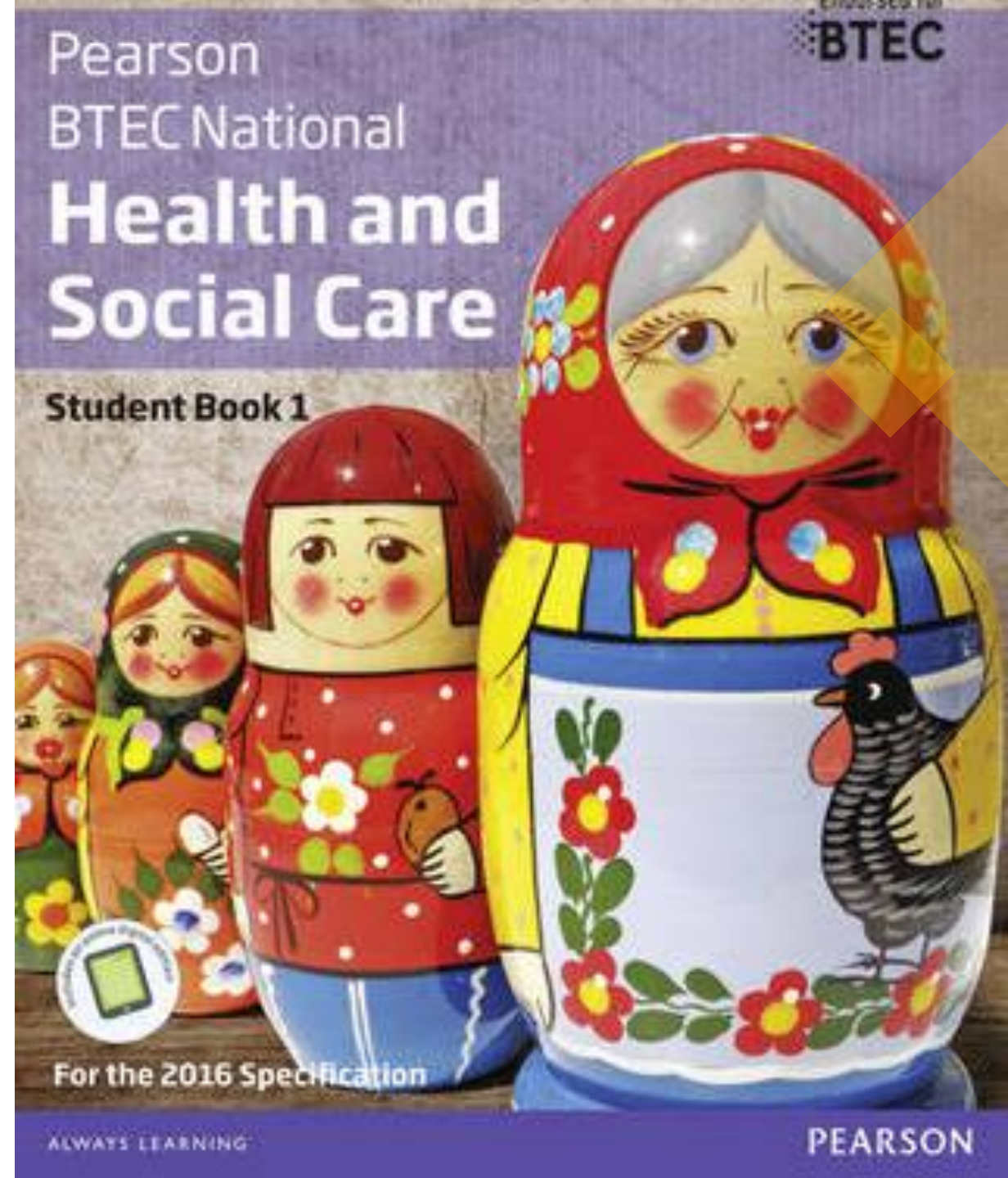
Department of Health and Social Care

Y11 to Y12 Transition
work - Health and
Social Care.

ents
hospital
local
city
money
treatment
hospital
NHS
crisis
care
bed block
social care
pressure
patient
dependance
fail
soci

How is the course set out?

- The course is the Level 3 BTEC National Health and Social Care. The specification for the course can be found here:
 - <https://qualifications.pearson.com/en/qualifications/btec-nationals/health-and-social-care-2016.html>
- Y12.
 - Exam – Unit 1 - Human lifespan development.
 - Coursework – Unit 5 - meeting individual needs.
- Y13.
 - Exam – Unit 2 - Working in health and social care.
 - Coursework – Unit 11 - Psychological perspectives.





Exam content preparation.

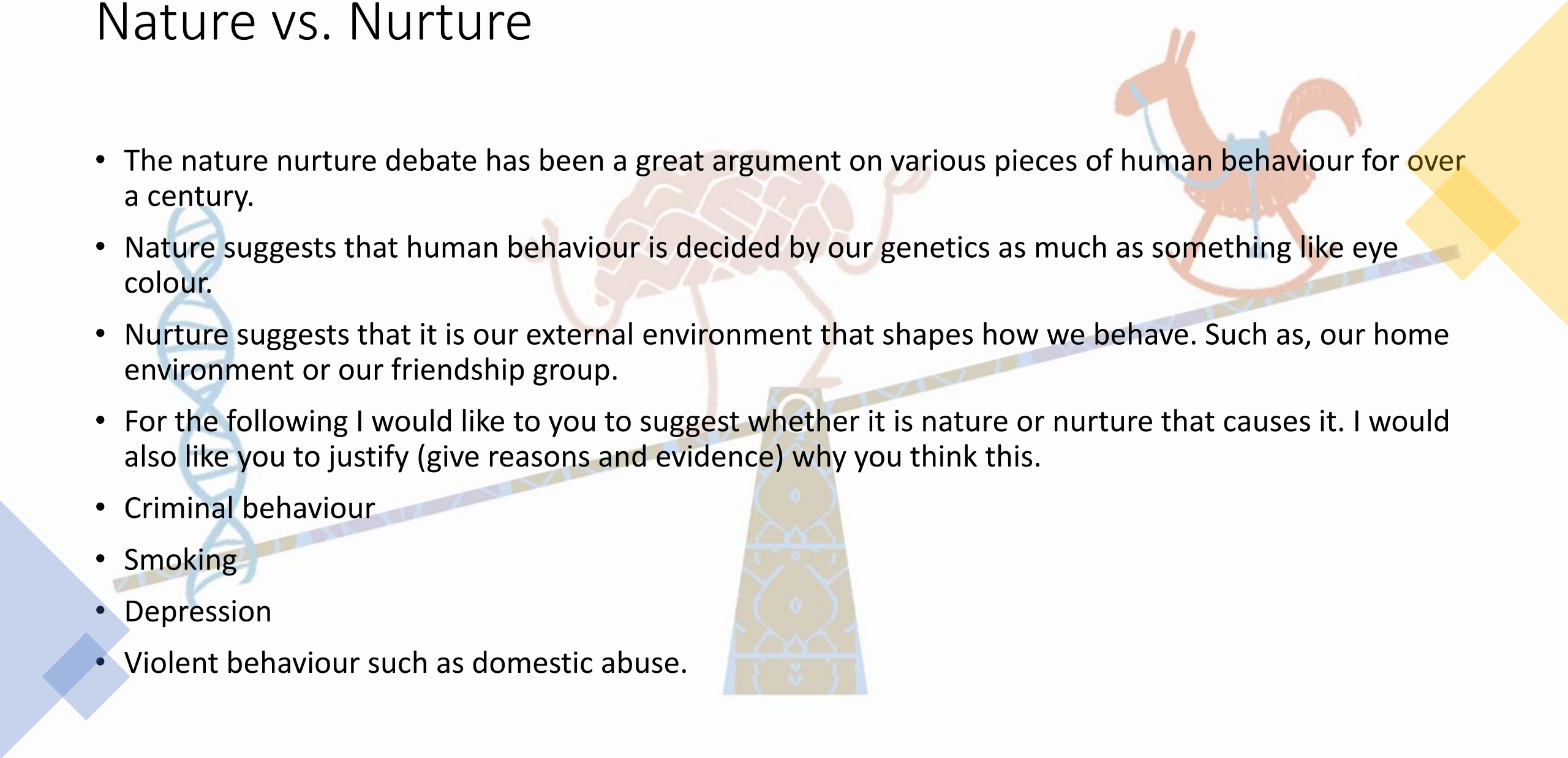
Unit 1 – Human lifespan
development.

Bowlby's theory of attachment.

- As we grow an attachment to a care giver is very important to our emotional development.
- Bowlby was one of the first psychologists to create a theory around this.
 1. Research Bowlby's theory of attachment. In your notes, write a brief synopsis of his theory. This can no more than 100 words.
 2. Describe what attachment means and explain the importance of attachment in a child's development.
 3. Have a read of the scenario opposite.
 4. Explain three factors that have affected Ibrahim's attachment to his mother.
 5. TIF: To what extent can Bowlby's theory justify Ibrahim's reaction to being separated from his brother?
- Ibrahim was born two months prematurely and the midwife quickly realised that he had Down's syndrome. Ayesha, Ibrahim's mother, was 47 years old when he was born and had experienced a difficult pregnancy. After the birth, Ibrahim was taken to the maternity intensive care unit. Ayesha experienced a bout of post-natal depression. Ayesha's husband Farid worked long hours as a senior pharmacist and her eldest daughter, Samira, was overseas on a gap year before going to university. Tariq, aged 15 had always been close to his mum and he helped to look after the baby. Tariq was very good at talking and playing with Ibrahim as well as feeding and bathing him and changing his nappies. Ibrahim soon developed an attachment to Tariq and was very upset when his brother was not with him, refusing to take his feed and becoming very distressed.

Nature vs. Nurture

- The nature nurture debate has been a great argument on various pieces of human behaviour for over a century.
- Nature suggests that human behaviour is decided by our genetics as much as something like eye colour.
- Nurture suggests that it is our external environment that shapes how we behave. Such as, our home environment or our friendship group.
- For the following I would like to you to suggest whether it is nature or nurture that causes it. I would also like you to justify (give reasons and evidence) why you think this.
- Criminal behaviour
- Smoking
- Depression
- Violent behaviour such as domestic abuse.



Exam content preparation

Unit 2 - Working in health and
social care.



The role of a nurse

- Nurses play an important and irreplaceable role in the health and social care sector.
- Many people who study in health and social care want to become nurses.
- Even for those who do not, understanding the roles and responsibilities of nursing staff is essential to your exam.
- The link below takes you to the University of Yorks website where you can take part in an online course that will support and prepare you for this element of the health and social care course.
- <https://www.futurelearn.com/courses/nursing-the-application-of-bioscience-psychology-and-sociology>





Coursework preparation

Unit 5 – meeting
individual needs.

PIES

- PIES play a big role in this piece of coursework. They will help you reach those higher grades.
- Therefore it is essential that you have a good grasp of how they can be used.
- PIES stands for:
 - Physical impacts
 - Intellectual impacts
 - Emotional impacts
 - Social impacts
- For the attached case study, I would like you to highlight and annotate areas of Nusrat's life that will be impacting aspects of PIES.
- Ensure that you consider wider effects of these impacts. For example, Nusrat suffers from epilepsy, this will obviously have a physical impact that she will experience fits, however, this might also have a social impact, as she may not feel safe or confident in certain situations. This may mean that she will become socially isolated.

PIES development



Physical growth and development

Growth patterns
 Puberty
 Aging & Menopause
 Mobility and movement
 Lifestyle and fitness
 muscle tone/strength
 Skin elasticity



Gross = large (arms, legs)
 Fine = small (hands & finger)

Emotional development

Feelings
 Identity
 Confidence
 Self esteem and self image
 Adapting to trauma
 Bonding and attachment
 Independence
 Security
 Contentment
 Decisions and control



Intellectual development

Thinking
 Memory
 Learning
 Language and communication
 Creativity
 Problem solving and logic
 Expression



Social development

Relationships
 Friends
 Socialisation
 Interaction
 Communication



Health and Social care: Unit 5 Case Studies

Section 1

Nusrat Patel

Nusrat Patel is 19 years of age and has learning disabilities and epilepsy. She has recently left her residential school and now lives full time with her mother. Nusrat's mother has recently given up work to care for her, but is finding this very stressful. Nusrat's father died when she was five years old. Nusrat now attends the community centre on Tuesdays and Thursdays so her mother can take a break from caring for her.

Staff and volunteers at the community centre are aware of Nusrat's right to be involved in decisions about her own care. However, as she has learning disabilities, it was decided to also involve Nusrat's mother, as her main carer.

Nusrat sometimes has difficulty in expressing her own needs, wants and wishes and the team has included an advocate who has experience in working with individuals who have learning disabilities.

Nusrat has her own personal care plan at the centre, which has been formulated taking a person-centred approach. The plan focuses on Nusrat's abilities rather than her disabilities and is flexible to incorporate any necessary changes.

The plan includes the designation of a named person Nusrat can come to if she has concerns. Nusrat frequently becomes distressed and so the named person has completed a counselling skills training course, which incorporated positive communication skills, in order to support her.

The planning process for Nusrat included graphical facilitation so that a circle of support, which includes Nusrat, her mother and the named person, could be designed. Other individuals may be added as appropriate.

Nusrat enjoys dance and drama and has joined in with activities at the centre. The team who runs the activities has produced Makaton sheets for any scripts or routines to be followed, so that Nusrat can fully participate in activities and productions.


Nusrat's epilepsy is not, currently, well controlled and it has been agreed that a volunteer will accompany Nusrat to the bathroom to enable emergency action if this is needed. The volunteer is aware that she must be discreet in order not to compromise Nusrat's right to dignity.

With the agreement of Nusrat and her mother, the centre manager has arranged a meeting with Nusrat's G.P. to discuss improved management of Nusrat's epilepsy. The G.P. has now referred Nusrat to a specialist nurse practitioner, who is an expert in epilepsy.

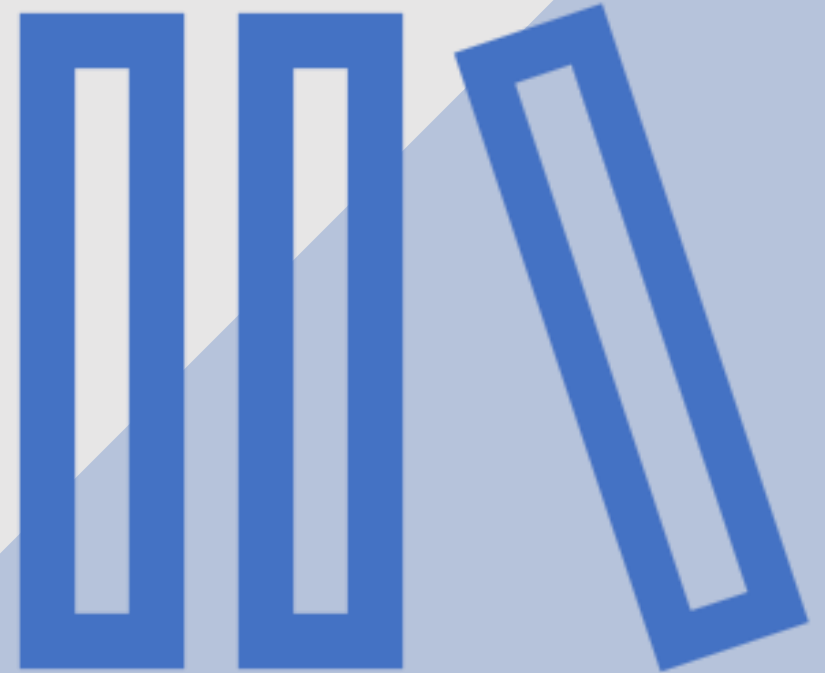
Nusrat has a trusting nature and is likely to attach herself to anyone who appears friendly. This has raised safeguarding concerns and so a list of 'friends' using photographs and Makaton symbols has been provided for Nusrat, to support her independence, whilst contributing to her safety.

Theories of Ethical issues

- Ethical working includes respecting the basic values and principles that underpin practice, but ethics also involves facing moral questions such as whether to prolong life against the wishes of a terminally ill patient.
- There are different ethical theories that are used in health and social care. They are:
 - Consequentialism
 - Deontology
 - Principlism
 - Virtue ethics
- For each of the above I would like you to:
 - 1. Create a small mind map explaining the ideas of each of the theories.
 - 2. Apply each to the case study opposite. How would they solve the issue?
 - 3. Suggest which of them you believe to be the most ethical in this situation.
- Jenna is 23 years old. She has a baby who is 6 months old and a partner, and they have just moved into their first flat together. She smokes 40 cigarettes a day to cope with the cravings she now has because, when she was 16, she became addicted to drugs. She has been clean for two year now.
- David is 60 years old and has always made healthy lifestyle choices, so he is fit and active. He lives with his wife in a cottage in the countryside and has 4 grown up children who are all married, or with a long term partner, and they have their own homes.
- Both Jenna and David have a life-threatening illness and need very expensive treatment to save their lives. There is only enough money in the budget to give one of these patients the treatment.



Further
reading/watching



Reading/watching list

- BTEC Health and Social care textbook - https://www.pearsonschoolsandfecolleges.co.uk/FEAndVocational/HealthAndSocialCare/BTEC/BTEC-Firsts-Health-and-Social-Care-2012/Samples/Takeapeek/9781446901359_takeapeek.pdf
- The equality act 2010 - <http://www.legislation.gov.uk/ukpga/2010/15/contents>
- Netflix – Explained – Season 1 – Why Diets fail.
- Netflix – Explained – Season 2 – The next pandemic.
- Netflix – Explained: The Mind – Anxiety
- Netflix – Explained: Coronavirus
- TED talks – Lisa Mosconi: How menopause affects the brain - https://youtu.be/JJZ8z_nTCZQ
- TED Talks - Niels van Namen: Why the hospital of the future will be your own home - <https://youtu.be/zamvnyBB-SU>
- Health and social care national specification - <https://qualifications.pearson.com/en/qualifications/btec-nationals/health-and-social-care-2016.html>
- TED talks - Wendy Chung: Autism — what we know (and what we don't know yet) - <https://youtu.be/wKIMcLTqRLs><https://youtu.be/wKIMcLTqRLs>
- This is going to hurt – Adam Kay.

Questions?

- If you do have any questions about the work or the course please do get in contact with me.
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